

with Dr. Michael Kalinowski

**Fall 2017 Walk Dates:**

Saturday August 26th

Saturday September 9th

Saturday September 16th

Saturday September 30th

Saturday October 14th

Saturday October 21st

Saturday November 11th (weather permitting)

Saturday November 18th (weather permitting)

All walks from 9am – 10am

Peckham Park

161 Strickland Road – Middlefield, CT

**Educate. Exercise. Empower.**

http://walkwithadoc.org/our-locations/middlefield-connecticut/