



Walking is one of the single most important things we can do for our health. Join doctors, medical students, and other people looking to improve their health at the next Walk with a Student Doc event, and “walk the walk” with us!

Fall 2017 Schedule (rain or shine)

Friday, August 18	1:30-3:00 PM
Friday, September 1	1:00-2:30 PM
Friday, September 15	1:00-2:30 PM
Saturday, October 14	9:00-10:30 AM
Friday, October 27	1:30-3:00 PM
Saturday, November 11	9:00-10:30 AM
Saturday, December 2	9:00-10:30 AM

Location: Quinnipiac University North Haven Campus,
370 Bassett Rd, North Haven, CT

Who can attend: Anyone!

Questions? Contact Alex Buell at alexander.buell@qu.edu.
Hosted by the Frank H. Netter MD School of Medicine’s Lifestyle Medicine Group