



  
**HAVEN**

walk with a  
**DOC**

<http://walkwithadoc.org/our-locations/plantation-florida/>

**TAKE A STEP TO A  
HEALTHIER HEART.**

**WHEN:**  
**SATURDAY, FEBRUARY 11<sup>TH</sup> 9:30<sup>AM</sup>**

**WHERE:**  
**VOLUNTEER PARK IN PLANTATION**

**MEET:**  
**PAVILION NEAR THE PLAYGROUND**

**LEAD PHYSICIAN:**  
**DR. FARZANNA HAFFIZULLA**

Join Haven and Walk with a Doc for an amazing day where you can walk alongside physician and medical professionals from your local area in a united effort to promote healthy hearts and wellness! February is American Heart Month and together we can walk our way to preventing disease and promoting healthy living. Come walk with Haven, get the inside scoop on the latest health information, and get your HEART to *Step It Up!*

#StepItUpUSA #AMWAPrevention @HAVENhhc @BusyMomMD

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