



# TAKE A STEP Toward Better Health

Join us for Walk with a Doc, a community walking program led by local doctors. All events are *FREE* and open to the public, designed to help you get more active and build healthy habits.

- Learn about various health topics from local healthcare professionals.
- Walk with others at a comfortable pace.
- Have fun and earn prizes.



Attend 5+ walks and earn a free T-shirt!



To learn more and register, scan the QR code or visit our website.



[WALKwithaDOC.org/COLUMBUS](http://WALKwithaDOC.org/COLUMBUS)



Commission on Minority Health



Franklin County Board of Commissioners  
**OFFICE ON AGING**

# 2026 Walk Locations & Schedules

Walk Location	Address	Schedule	Season
Blacklick Woods Metro Park (Reynoldsburg)	6975 E Livingston Ave Reynoldsburg, OH 43068	2nd Sundays 4:00-5:00 PM	Year-Round
Coffman Park (Dublin)	5200 Emerald Pkwy Dublin, OH 43017	Every Wednesday 9:00-10:00 AM	Year-Round
Dodge Park (West Columbus)	667 Sullivant Ave Columbus, OH 43215	2nd & 4th Saturdays 9:00-10:00 AM	April-October
Far East Community Center (East Columbus)*	1826 Lattimer Dr Columbus, OH 43227	2nd & 4th Saturdays 8:30-9:30 AM	April-October
Highbanks Metro Park (Lewis Center)	9466 Columbus Pike Lewis Center, OH 43035	Every Saturday 8:30-9:30 AM	Year-Round
Linden Park (North Columbus)*	1350 Briarwood Ave Columbus, OH 43211	4th Saturdays 9:00-10:00 AM	Year-Round
Marion Franklin (South Columbus)*	2801 Lockbourne Rd Columbus, OH 43207	1st & 3rd Saturdays 9:00-10:00 AM	April-October
Park of Roses (Clintonville)	3901 N High St. Columbus, OH 43214	2nd & 4th Saturdays 8:30-9:30 AM	April-October
The Well (Hilliard)	3993 Cosgray Rd Hilliard, OH, 43026	3rd Saturdays 9:00 - 10:00 AM	Year-Round
Town Center Park (Grove City)	3359 Park St Grove City, OH 43123	2nd Saturdays @ 9 AM 4th Thursdays @ 6 PM	May-October
Upper Arlington	Rotating locations - see website for details.	2nd Saturdays 9:30-10:30 AM	Year-Round
Verena at Hilliard (Hilliard)	4500 Trueman Blvd Hilliard, OH 43026	2nd Saturdays 10:30-11:30 AM	Year-Round
Whitehall Senior Center (Whitehall)	402 N Hamilton Rd Whitehall, OH 43213	3rd Fridays 10:00-11:00 AM	May-October
Woodward Park (North Columbus)*	5147 Karl Rd. Columbus, OH 43229	1st & 3rd Saturdays 9:00-10:00 AM	April-October

Schedules are subject to change. Visit our website for updated schedules and more information.

**WALKwithaDOC.org / COLUMBUS**

\*City of Columbus recreation centers are typically closed on Saturdays during the Summer, so bathrooms and incentives may not be available.