

walk[®] with a DOC Topeka

Save these Dates to Walk With a Doc!

Saturday, Jan. 15 — Weight Management

Saturday, Feb. 19 — Cardiology

Saturday, March 19 — Orthopedics & Sports Medicine

Saturday, April 16 — Oncology

Walks take place at Washburn University. Meet on the East side of Lee Arena at 9 a.m.
*Please Note: masks are required, participants must be vaccinated and you must social distance.
The walk will be outside. If it rains we will cancel.

This doctor-led group is a fun and safe place to go for a walk, hear briefly about an important health topic, and enjoy a walk with a physician.

The event is **FREE** and all are welcome!

Ask your provider about upcoming walks!



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Questions?

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