

Hanford Walk with a Doc 2023 Schedule

Date/Time	Location	Doctor (MD or DO)/other AH staff	Topic
March 18, 2023 9 a.m. – 10 a.m.	Freedom Park (2000 9 1/4 Avenue, Hanford)	Dr. Raul Ayala	Heart Health
April 15, 2023 9 a.m. – 10 a.m.	Centennial Park (11731 Hanford Armona Road, Hanford)	TBD	Asthma/Allergies
May 20, 2023 9 a.m. – 10 a.m.	Freedom Park (2000 9 1/4 Avenue, Hanford)	TBD	Hypertension/Stroke
June 17, 2023 9 a.m. – 10 a.m.	Centennial Park (11731 Hanford Armona Road, Hanford)	TBD	Pediatric & Adolescent Wellness
July 15, 2023 9 a.m. – 10 a.m.	Freedom Park (2000 9 1/4 Avenue, Hanford)	TBD	Pain Management
August 19, 2023 9 a.m. – 10 a.m.	Centennial Park (11731 Hanford Armona Road, Hanford)	TBD	Adult Wellness
September 16, 2023 9 a.m. – 10 a.m.	Freedom Park (2000 9 1/4 Avenue, Hanford)	TBD	Flu/Pneumonia
October 21, 2023 9 a.m. – 10 a.m.	Centennial Park (11731 Hanford Armona Road, Hanford)	TBD	Breast Cancer
November 18, 2023 9 a.m. – 10 a.m.	Freedom Park (2000 9 1/4 Avenue, Hanford)	TBD	Diabetes
December 16, 2023 9 a.m. – 10 a.m.	Centennial Park (11731 Hanford Armona Road, Hanford)	TBD	Mental Health
* Alternate location in case of inclement weather: Hanford Mall (1675 W. Lacey Blvd., Hanford)			