



walk with a doc

educate. exercise. empower.

COLUMBUS NEIGHBORHOOD WALKING CLUBS

2024 SCHEDULE

Join a FREE Walk with a Doc neighborhood walking club and take a STEP toward better health! Learn about health topics from local healthcare providers, take a walk at your own pace & distance, meet new people, and earn prizes.

New this year: each group will be gathering to walk together **EVERY SATURDAY** at the time listed below. A healthcare provider will join the group to lead a Walk with a Doc (WWAD) event once per month at each location.

NORTH SIDE | 9-10 AM

Woodward Park & Community Center
5147 Karl Rd (Meet at the picnic tables)
WWAD: 1st Saturday of the month (Apr-Oct)

WEST SIDE | 9-10 AM

Dodge Park & Community Center
667 Sullivant Ave (Meet at the front entrance)
WWAD: 2nd Saturday of the month (Apr-Oct)

SOUTH SIDE | 9-10 AM

Marion Franklin Community Center
2801 Lockbourne Rd (Meet at the track)
WWAD: 3rd Saturday of the month (Apr-Oct)

FAR EAST SIDE | 9-10 AM

Big Walnut Park & Far East Community Center
1826 Lattimer Dr (Meet at the picnic tables)
WWAD: 4th Saturday of the month (Apr-Oct)

LINDEN | 10-11 AM

Linden Community Center
1350 Briarwood Ave (Meet at the entrance)
WWAD: 4th Saturday of the month
(meets year-round)

END OF YEAR CELEBRATION

Woodward Park & Community Center
5147 Karl Rd (Meet at the picnic tables)
November 2, 2024 | 9 - 11 AM

Events are rain or shine - we'll walk in the community center gym during inclement weather.

Learn more and register online at Columbusrecparks.com/WalkWithADoc





2024 CALENDAR

	North	West	South	Far East	Linden
April 6, 2024	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
April 13, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
April 20, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
April 27, 2024	Walk Club	Walk Club	Walk Club	WWAD	WWAD
May 4, 2024	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
May 11, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
May 18, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
May 25, 2024*	Walk Club	Walk Club	Walk Club	WWAD	WWAD
June 1, 2024	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
June 8, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
June 15, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
June 22, 2024	Walk Club	Walk Club	Walk Club	WWAD	WWAD
June 29, 2024	Walk Club	Walk Club	Walk Club	Walk Club	Walk Club
July 6, 2024*	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
July 13, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
July 20, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
July 27, 2024	Walk Club	Walk Club	Walk Club	WWAD	WWAD
August 3, 2024	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
August 10, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
August 17, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
August 24, 2024	Walk Club	Walk Club	Walk Club	WWAD	WWAD
August 31, 2024*	Walk Club	Walk Club	Walk Club	Walk Club	Walk Club
September 7, 2024	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
September 14, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
September 21, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
September 28, 2024	Walk Club	Walk Club	Walk Club	WWAD	WWAD
October 5, 2024	WWAD	Walk Club	Walk Club	Walk Club	Walk Club
October 12, 2024	Walk Club	WWAD	Walk Club	Walk Club	Walk Club
October 19, 2024	Walk Club	Walk Club	WWAD	Walk Club	Walk Club
October 26, 2024	Walk Club	Walk Club	Walk Club	WWAD	WWAD
November 2, 2024	End of Year Celebration @ Woodward Park				

*On holiday weekends, the center buildings will not be open and any earned incentives will be distributed at the following walk.

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