

**First Thursday of every month**

**12.50–14:00 PM**

**Meet outside the Salvation Army Headquarters**

**1 Champion Park, SE5**

**1Headquarter,1**

**(meet at King’s College Hospital, Golden Jubilee Wing entrance)**

**Questions?**

shireen.kassam@nhs.net

This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends. The event is **FREE** and all are welcome!

**Future wal**A black background with blue text

Description automatically generated**ks will be held on the 1st Thursday of every month.**

**London**