



Join us for
**WALK WITH
A DOC**

Walk With a Doc is a free, physician-led walking group, with a chapter hosted by the UPMC Williamsport Family Medicine Residency. There is no commitment, and it's a fun and safe place to take a walk, learn about health, and meet new friends.

Simply going for a walk is one of the best things you can do for your health!

These walks will meet at :

**UPMC Williamsport
Main Entrance Flag Courtyard**
700 High Street
Williamsport, PA 17701

Registration is not required.

5:30 - 6:30 pm

Every other Tuesday (April through October)

April 2, 2024
April 16, 2024
April 30, 2024

June 11, 2024
June 25, 2024

September 3, 2024
September 17, 2024

May 14, 2024
May 28, 2024

July 9, 2024
July 23, 2024

October 1, 2024
October 15, 2024
October 29, 2024

August 6, 2024
August 20, 2024