

# walk<sup>®</sup>with a DOC

- NEW LOCATION -  
STARTING JUNE 15, 2024

Every 3rd Saturday of the Month from 8:30-9:30am

Aurora Wellness Center - Lobby \*

300 McCanna Parkway - Burlington, WI



<b>June 15</b>	Jedediah Jensen, DO Sports Medicine, Pediatrics
<b>July 20</b>	Kristin Cassidy, MD Internal Medicine
<b>August 17</b>	Robert Wheelock, DC Chiropractor
<b>September 21</b>	Melanie Smith, DO Family Medicine, Weight Management
<b>October 19</b>	Sarah Lamont, MD Orthopedic Surgery, Hand
<b>November 16</b>	Nathan Lebak, MD Allergy & Immunology
<b>December 21</b>	Sandra Billingsley, MD Family Medicine

This community event is **FREE** -  
all are welcome!



\* Learn about a current health topic, then spend the rest of the hour enjoying a walk at your own pace & distance with medical providers. Walks will take place outdoors on sidewalks & trails; indoors on 1/10 mile suspended running/walking track during inclement weather.

 **Aurora  
Health Care**

We are  AdvocateAuroraHealth

Aurora Wellness Center Guidelines (Indoor Walking)

- Non-member waivers will need to be signed
- All members & guests are required to carry in a 2nd pair of clean footwear
- Children need to be 8 years or older to use the track and with a parent
- No strollers or baby carriers on the track