

MIDDLESEX COUNTY • NJ



FITNESS EVENT

Featured Topic:
Managing Blood Pressure and Cholesterol

Walk Leader:

Dr. Sumaiya Iqbal is a Hackensack Meridian board certified Internal Medicine physician who treats a wide range of chronic conditions including but not limited to diabetes, hypothyroidism, high blood pressure, obesity, and depression. She also treats acute conditions like colds and infections.



Wednesday,
February 26, 2025

12 PM

Piscataway YMCA
(Indoor Track)

520 Hoes Lane
Piscataway, NJ 08854

