

walk with a doc

educate. exercise. empower.

COLUMBUS

NEIGHBORHOOD
WALKING CLUBS

2025 SCHEDULE

Join a Walk with a Doc program and take a *STEP* toward better health!

- Learn about various health topics from local healthcare professionals.
- Walk with others at a comfortable pace.
- Have fun and earn prizes.
- Walks are free and open to all ages!

Attend 5+ walks and earn a free t-shirt!



WOODWARD PARK

1st & 3rd Saturdays | 9 - 10 AM
5147 Karl Rd (Meet at the picnic tables)

DODGE PARK

2nd & 4th Saturdays | 9 - 10 AM
667 Sullivant Ave (Meet at the front entrance)

MARION FRANKLIN

1st & 3rd Saturdays | 9 - 10 AM
2801 Lockbourne Rd (Meet at the track)

FAR EAST

2nd & 4th Saturdays | 9 - 10 AM
1826 Lattimer Dr (Meet at the picnic tables)

LINDEN

4th Saturdays | 9 - 10 AM
1350 Briarwood Ave (Meet at the entrance)

WESTGATE PARK

3rd Saturdays | 10 - 11 AM
455 S Westgate Ave (Meet at the open air shelter)

**This is a family-friendly stroller walk hosted by Little Bottoms Free Store, but everyone is welcome!*

ANNUAL CELEBRATION

November 1, 2025 | 9 - 11 AM
Franklin Park Adventure Center
1777 E Broad St (Meet at the amphitheater)



Scan the QR code or visit walkwithadoc.org/columbus to learn more about Walk with a Doc.



THE CITY OF
COLUMBUS
RECREATION AND PARKS



OhioHealth



2025 CALENDAR

	Woodward	Dodge	Marion Franklin	Far East	Linden	Westgate
April 5, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
April 12, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
April 19, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
April 26, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
May 3, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
May 10, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
May 17, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
May 24, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
May 31, 2025	No Walk	No Walk	No Walk	No Walk	No Walk	No Walk
June 7, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
June 14, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
June 21, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
June 28, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
July 5, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
July 12, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
July 19, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
July 26, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
August 2, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
August 9, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
August 16, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
August 23, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
August 30, 2025	No Walk	No Walk	No Walk	No Walk	No Walk	No Walk
September 6, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
September 13, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
September 20, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
September 27, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
October 4, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	No Walk
October 11, 2025	No Walk	9-10 AM	No Walk	9-10 AM	No Walk	No Walk
October 18, 2025	9-10 AM	No Walk	9-10 AM	No Walk	No Walk	10-11 AM
October 25, 2025	No Walk	9-10 AM	No Walk	9-10 AM	9-10 AM	No Walk
November 1, 2025	Annual Celebration @ Franklin Park (9-11 AM)					

*The recreation centers will be closed on Saturdays from May 27 – September 6 and bathrooms will not be available on these days.