



Walk with the Doc: Take a Step Toward Stroke Awareness and Prevention!

Join us every Sunday in May for a special series dedicated to stroke education. We've partnered with *Walk with a Doc* to offer an informative, active way to learn about stroke prevention, risk factors, and more.

May 4th, 2025

**Stop a Stroke &
BEFAST: Your
Guide to Stroke
Recognition &
Emergency
Response**

**Featuring:
Dr. Janice Miller &
Dr. Joseph Lee**

May 11th, 2025

**Is Mom at Risk for
Stroke?**

**The Top 3
Preventable Risk
Factors Everyone
Should Know**

**Featuring:
Dr. Markus Hannan**

May 18th, 2025

**All About
Arrhythmia: How
Atrial Fibrillation
Increases Risk for
Stroke**

**Featuring:
Dr. Brad Mikaelian**

May 25th, 2025


**Memorial Day
Weekend:**

**Exercises for a
Healthy Heart &
Mind**


**Presented by the
Rehabilitation
Therapy Team**

Event Details:

 **When: Every Sunday in May**

 **Time: 08:30 AM**

 **Where:**
**Cottonwood Creek Park Lowest Parking Lot on Montarbor
Drive**

 **What to Expect:**
Enjoy a casual walk with host, Dr. Larry Cohen and UHealth providers. Followed by a discussion on stroke awareness and prevention. Bring your questions, get valuable health insights, and take steps toward a healthier future.

**Scan to Learn
More and RSVP**

Chapter # 3286



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