

# WALK WITH A DOC *in Castle Hills*



## Saturday, May 19

Discover a Healthier You in 2018!

*Starts at 9 a.m.*

**Castle Hills, The Village Shops and Plaza  
2520 King Arthur Blvd., Lewisville, TX 75056**

Join gastroenterologist, Terilyn Scott-Winful, MD, for an informative, brief discussion designed to help educate and empower you to take charge of your health. Then step off on a two-mile walk where you can continue the conversation.

Join us for this **FREE** event and receive:

- Health and wellness tips
- Light snacks
- Healthy fun for the entire family!

All ages welcome.

To register, call 1.844.BSW.DOCS.

For more information, visit  
[BSWHealth.com/WalkWithADoc](http://BSWHealth.com/WalkWithADoc).

*Mark your calendar for our monthly walks on the third Saturday of every month. Our next walk will be Saturday, June 16.*

