



JOIN US EVERY SATURDAY AT 9AM

Walk with a Doc is a no-cost program for anyone who wants to learn more about leading a healthier life! Participants will be able to listen to a health professional speak about nutrition, physical fitness, mental health, and more, all while getting up and moving!



TWO EASY WAYS TO JOIN THE WALK

(1) VIRTUALLY (ZOOM)

[HTTPS://EMORY.ZOOM.US/J/97331526227](https://emory.zoom.us/j/97331526227)



(2) IN-PERSON

Starting Saturday, June 4th, 2022, we will also meet in person at:

Lionel Hampton Beecher Park (Lionel Hampton Trail*)
366 Willis Mill Road, Atlanta, GA 30310 - street parking

**Note: We gather at the Willis Mills Road side of the trail off of MLK Jr. Drive; Willis Mills Road ends at the start of this trail (our starting point).*

For more information (e.g., announcements, walking schedule updates, etc.), check out our site!

<https://walkwithadoc.org/join-a-walk/locations/atlanta-georgia/>

Partners:

