



# JOIN THE MOVEMENT.

## WALK WITH A DOC DELIVERS BETTER HEALTH, COMMUNITY CONNECTION, PATIENT SATISFACTION.

There's a movement afoot that's helping patients lead healthier lives one step at a time. It's reached your community, and you can be a part of it.

It's called Walk with a Doc, and it's a unique, physician-led walking program focused on encouraging physical activity among patients. Each free local walk is hosted by a physician so that in addition to the health benefits everyone enjoys just by walking, they get the chance to talk with their patients while they walk.

The program has already helped thousands commit to a healthy lifestyle, it's seeing exponential growth across the country, and a member of your community has already expressed an interest in establishing a local chapter. We'd love to have your assistance or participation in getting it moving.

In addition to being part of an extremely rewarding program and helping your patients lead healthier lives, Walk with a Doc can help improve patient satisfaction and has helped position other participating physicians as wellness leaders in their communities. It can work for you, too.

The time commitment is minimal, the program is turn-key, and we have a simple-yet-comprehensive toolkit to make it easy. If you're interested in learning more about Walk with a Doc and becoming the face (and feet) of wellness in your community, please contact us.



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walk with a DOC