



invite you to join in

# NEIGHBORHOOD WEEKEND WALKS



better health ★ more fun ★ good company

Join our FREE walking group led by Penn Medical Students. Learn about different health topics from medical students, walk your own pace and distance, and enjoy good company, refreshments, and prizes!



**ALL AGES:  
ADULTS, KIDS,  
TEENAGERS**

**WHEN**

**2<sup>nd</sup> & 4<sup>th</sup>  
Saturdays  
of the month  
\*9am-10am\***

**2019 DATES**

- MAY 11**
- MAY 25**
- JUNE 8**
- JUNE 22**
- JULY 13**
- JULY 27– 1<sup>st</sup> 9AM walk**
- AUGUST 10**
- AUGUST 24**
- SEPTEMBER 14**
- SEPTEMBER 28**
- OCTOBER 12**
- OCTOBER 26**

**WHERE**

**Kingsessing  
Rec Center**  
4901 Kingsessing Ave  
(near 50<sup>th</sup>& Chester Ave)

**CONTACT US!**

walkwithafuturedocpenn@gmail.com

Facebook –  
Walk with a Doc PHL  
Instagram –  
@WAFDKingsessing



Instagram