



# KIDS TIME

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



## Nevada Chapter

The Nevada Chapter of the American Academy of Pediatrics invites you to join us for Walk with a Doc-Kids Time, a program to encourage families with children and adolescents to meet for an hour to walk the trails at Springs Preserve. As pediatricians we encounter many young people who are living more sedentary lives, which can increase their risk for obesity, Type 2 diabetes, high cholesterol, and high blood pressure. We will offer a session to meet with pediatricians for a 3-5 minute discussion on a health related topic and an opportunity to walk outdoors with other families and health care providers.

DATE	TOPIC & SPEAKER	LOCATION	TIME
8/12/2018	Carolien de Roode-Wentz, MD, FAAOS No Bones about it: This is How We Grow	Spring Mountain Visitors Gateway – 2525 Kyle Canyon Road, Mt. Charleston Nevada	10:00A M
9/9/2018	Jacqueline Patterson, DDS – Sugar Bugs: What Causes Cavities?	Springs Preserve – 333 South Valley View Blvd., Las Vegas, Nevada	8:30AM
10/14/2018	Michael Scheidler, MD, FACS Drug Drop off Boxes: Know One, Use One, Save One	Springs Preserve – 333 South Valley View Blvd., Las Vegas, Nevada	8:30AM

*Wear comfortable walking shoes; bring water, sunscreen, hats and sunglasses*

Questions: e-mail us at [nevadachapteraap@gmail.com](mailto:nevadachapteraap@gmail.com) or call 702-285-9425 Executive Director Roberta Aguin

**Walks will resume at Springs Preserve in September 2018.**

