

walk[®] with a DOC LONDON

Thursday, 17th October 2019
11:00 – 12:00 pm
Regents Park,
(St Andrew's Gate entrance, Regents Park)

This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends.

The event is **FREE** and all are welcome!

Walks will be held at 11am Thursdays.



ISOKINETIC MEDICAL GROUP

Questions?

c.jones@isokinetic.com

We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org