

8:30 a.m.

Saturday, Feb. 2, 2019

Valley Park in Hurricane



Marshall Health
Teays Valley

invites you to

walk WITH a DOC

educate. exercise. empower.



Join cardiologist Andrew Vaughan, M.D. to walk and talk about Heart Health.

First, we'll take a few minutes to learn about this month's topic. Then, we'll enjoy a healthy walk and conversation with Dr. Vaughan.

It's a great way to get active and get answers to your health questions. Walk your own pace and distance.

See you February 2, and bring a friend to this free community event!