

# WALK WITH a <sup>future</sup> DOC

educate. exercise. empower.



Association of Women Surgeons  
UTRGV School of Medicine chapter

## December Virtual Walk : Bone Health Saturday, December 12th • 10-11 AM

Join WAFD and AWS for a discussion on healthy bone habits as we grow and age.

Take a walk of your own or engage in some physical activity as you tune in!

Please submit any questions for our speakers to discuss with the QR code or link below

<https://forms.gle/FqJbBvx3Z4G4NMRms>



Guest Faculty:  
Dr. Emilia Dulgheru  
Rheumatology



Dr. Evan Perez  
Sports Medicine



ZOOM LINK:  
[HTTPS://UTRGV.ZOOM.US/J/84642488105](https://UTRGV.ZOOM.US/J/84642488105)  
MEETING ID: 846 4248 8105

