WALK WITH A future DOC

educate. exercise. empower.

We have partnered with **WALK WITH A DOC** to launch a **WALK WITH A FUTURE DOC** program at our school. Walk with a Doc is an international non-profit that was started in 2005 in order to improve health through physical activity, strengthen relationships between physicians and patients, and provide access to health information and education.

WALK WITH A FUTURE DOC is a fun, free, safe place to get some steps, learn about health, and meet new friends. We're excited to ditch our white coats in favor of a ball cap and sneakers to transform health in our community, but we need your support! **We're asking for your commitment to:**

INVITE YOUR PATIENTS TO OUR WALKS Patients are a prime audience for Walk with a Future Doc events and we, as students, have limited access to them. We'll send you flyers or prescriptions with our Walk information to share with each of your patients.

SHARE THE WALK WITH YOUR NETWORK Feel free to share with your office team and other colleagues, hang a poster in the office, post on social media, add to your email newsletters, wear Walk with a Doc shirts, etc. Your family and friends are welcome to come too!

ATTEND THE WALKS WHENEVER YOU CAN We'd love to have you join us whenever you're able! The Walks are open to everyone in the community.

walkwithadoc.org | 614.714.0407 | contact@walkwithadoc.org

I COMMIT TO SUPPORTING THIS WALK WITH A FUTURE DOC INITIATIVE:

Name: _____ Title: _____

Signature: _____

Email: _____