



2nd Saturday of each month from 9 – 10am
MULTIPLE LOCATIONS

BSL Community Center
1 Leeds Road
Southport NC, 28461

Mulberry Park
123 Mulberry Street
Shallotte NC, 28470

These doctor-led walking groups are a fun and safe place to go for a walk, learn about health, and meet new friends.
The events are FREE and all are welcome!



BRUNSWICK WELLNESS
— COALITION —

Questions?
Brunswickwellnesscoalition@gmail.com
910-444-1872

We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org