

Join Endless Mountains Health Systems and

Geisinger Health Plan and get active!

During the months of April – November, join the EMHS Medical Staff and take a step toward better health.

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| Date | Time | Location | Topic |
| April 8 | 1:00 p.m. – 2:00 p.m. | EMHS | Hassan Khalil, M.D.Bone Health |
| May 8 | 1:00 p.m. – 2:00 p.m. | EMHS | Joseph Speicher, D.O.Diet/Cholesterol |
| June 5 | 12:00 p.m. – 1:00 p.m. | New MilfordCommunity Park | Gloria Pedrick, CRNPPre-Diabetes |
| June 10 | 1:00 p.m. – 2:00 p.m. | EMHS | Hassan Khalil, M.D.Pre-Diabetes |
| July 16 | 12:00 p.m. – 1:00 p.m. | EMHS | Louis Gabaldoni, M.D.Metabolic Syndrome |
| August 1 | 12:00 p.m. – 1:00 p.m. | EMHS | Louis Gabaldoni, M.D.Childhood/Adult Obesity |
| August 7 | 12:00 p.m. – 1:00 p.m. | New Milford Community Park | Gloria Pedrick, CRNPChildhood/Adult Obesity |
| September 2 | 1:00 p.m. – 2:00 p.m. | EMHS | Hassan Khalil, M.D.The “E” Factor |
| October 7 | 1:00 p.m. – 2:00 p.m. | EMHS | Hassan Khalil, M.D.The “E” Factor |
| November 7 | 1:00 p.m. – 2:00 p.m. | EMHS | Ihab Dana, M.D.Vaccines |

 Schedule of Walk Dates:



For information, contact Paula Anderson at 570-278-5529, panderson@endlesscare.org

Physicians are Not Employed by EMHS

