

Are you ready to Walk with a Doc



Walks are open to everyone!

Thursdays, 1:00 pm - 2:00 pm

📍 City Park Bandshell,
Rose Garden Rd, Reading, PA

Saturdays, 9:00 am - 11:00 am

📍 Reading Public Museum,
500 Museum Rd, Reading, PA 19611

April
6

April
13

April
20

April
27

April
29

May
4

May
11

May
18

May
25

May
27

June
1

June
8

June
15

June
22

June
24

Walk into Spring! Penn State Health St Joseph is starting their community-based healthy lifestyle and walking program and we want YOU to join!

Join us for 12 weeks of short, health-related discussions and walks with members of your community and physicians and medical providers from our clinic.

If you are interested in health education, getting active, and forming a closer community with your neighbors and physicians, then get ready to Walk with a Doc at Penn State Health St Joseph!

For more information or if you have any questions:



610-208-4727

Call Katherine Alvarez