



Anusha Lekshminarayanan, MD
(Sports Fellow)



Jennifer M. Cushman, MD
(PM&R Resident)

STEP TOWARD BETTER HEALTH

Join us for this **FREE**, fun, walking program!

- Date: Sunday August 7, 2022
- Time: 10:00 am
- Williamsbridge Oval
- 3225 Reservoir Oval East
Bronx, NY 10467

More than a Walk, Come and...

- Learn about health topics
- Get your questions answered by
local Resident Physicians
- Make new friends

- All entering facility must be fully vaccinated and show proof of
vaccination each visit.
- Masks are required at all times while in facility (No bandanas or
gators allowed)
- A waiver must be signed on each visit along with a daily health
assessment form
- Scrubs are not allowed to be worn while working out in the facility
or monitoring those working out



@walkwithadoc

For Questions & to Sign Up

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347-470-9325



bit.ly/wwadbrnxy