**Walk with a Doc 2018 -2019 Schedule**

**Clark Fork Schedule -** walks will be repeated **every Monday and Thursday**. The walks start behind the Clark Fork high school near the golf course entrance by the high school track/football field.

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| Date | Time | Walk Leader | Location |
| 11/1– 10/31 | 12:15 pm | Heather Margaret, MD | Grass area behind Clark Fork High School |
| 11/5- 10/29 | 12:15 pm | Heather Margaret, MD | Grass area behind Clark Fork High School |

**Sandpoint Saturday Schedule –** walks are **1st and 3rd Saturday** of month – walks start at the cement bear statue at the Sand Creek Trail Head

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| **Date** | **Time** | **Walk Leader** | **Location** |
| 11/3 | 8:00 am | Ken Jabbour, PA | Sandcreek Trail |
| 11/17 | 8:00 am | Ron Jenkins, MD | Sandcreek Trail |
| 12/1 | 8:00 am | Russell Blakeley, MD | Sandcreek Trail |
| 12/15 | 8:00 am | Ann Cox, NP | Sandcreek Trail |
| 1/5 | 8:00 am |  | Sandcreek Trail |
| 1/19 | 8:00 am |  | Sandcreek Trail |
| 2/2 | 8:00 am | Greg Pennock, MD | Sandcreek Trail |
| 2/16 | 8:00 am | Kristin Algoe, MD | Sandcreek Trail |
| 3/2 | 8:00 am |  | Sandcreek Trail |
| 3/16 | 8:00 am | Russell Blakeley, MD | Sandcreek Trail |
| 4/6 | 8:00 am |  | Sandcreek Trail |
| 4/20 | 8:00 am |  | Sandcreek Trail |
| 5/4 | 8:00 am |  | Sandcreek Trail |
| 5/18 | 8:00 am |  | Sandcreek Trail |
| 6/1 | 8:00 am | Greg Pennock, MD | Sandcreek Trail |
| 6/15 | 8:00 am |  | Sandcreek Trail |

**Sandpoint Thursday Schedule –** walks are **every** **Thursday** of the month – walks start at the cement bear statue at the Sand Creek TrailHead

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| **Dates** | **Time** | **Walk Leader** | **Location** |
| 11/1- 11/29 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 12/6- 12/27 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 1/3- 1/31 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 2/7- 2/28 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 3/7- 3/28 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 4/4 – 4/25 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 5/2 – 5/30 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |
| 6/6 – 6/27 | 5:15 pm | Jane Hoover, NP | Sandcreek Trail |