

Walk with a Doc 2018 Schedule

Clark Fork Schedule - walks will be repeated **every Monday and Thursday**. The walks start at the Clark Fork high school and go to the track, golf course, parking lot or inside the gym – based on the weather.

Date	Time	Walk Leader	Location
4/2 – 10/29	3:10 pm	Heather Margaret, MD	Clark Fork High School
4/5 – 10/26	3:10 pm	Heather Margaret, MD	Clark Fork High School

Sandpoint Saturday Schedule – walks are **1st and 3rd Saturday** of month – walks start at Sandpoint City Beach and then go down Sand Creek Trail

Date	Time	Walk Leader	Location
4/7	8:00 am	Kristin Algoe, MD	Sandcreek Trail
4/21	8:00 am	Ronald Jenkins, MD	Sandcreek Trail
5/5	8:00 am	Russell Blakely, MD	Sandcreek Trail
5/19	8:00 am	Adam Kusler, LCSW, ACADC	Sandcreek Trail
6/2	8:00 am	Kathy Holm, RN	Sandcreek Trail
6/16	8:00 am	To be announced	Sandcreek Trail
7/7	8:00 am	Paula Lund, PT	Sandcreek Trail
7/21	8:00 am	To be announced	Sandcreek Trail
8/4	8:00 am	Ronald Jenkins, MD	Sandcreek Trail
8/18	8:00 am	Nanci Jenkins, MS, RDN, LD	Sandcreek Trail
9/1	8:00 am	Kathy Holm, RN	Sandcreek Trail
9/15	8:00 am	To be announced	Sandcreek Trail
10/6	8:00 am	Russell Blakely, MD	Sandcreek Trail
10/20	8:00 am	Nanci Jenkins, MS, RDN, LD	Sandcreek Trail

Sandpoint Thursday Schedule – walks are **every Thursday** of the month – walks start at Sandpoint City Beach and then go down Sand Creek Trail

Dates	Time	Walk Leader	Location
4/12 – 4/26	5:15 pm	Jane Hoover, NP	Sandcreek Trail
5/10 - 5/31	5:15 pm	Jane Hoover, NP	Sandcreek Trail
6/7 – 6/28	5:15 pm	Jane Hoover, NP	Sandcreek Trail
7/5 – 7/26	5:15 pm	Jane Hoover, NP	Sandcreek Trail
8/2 – 8/30	5:15 pm	Jane Hoover, NP	Sandcreek Trail
9/6 – 9/27	5:15 pm	Jane Hoover, NP	Sandcreek Trail
10/4 – 10/25	5:15 pm	Jane Hoover, NP	Sandcreek Trail