

Sandpoint Walk with a Doc 2021- 2022 Winter Schedule

SAT 11/6 at **8:00AM** – Ronald Jenkins, MD (Cardiologist)

TH 11/11 - Veterans Day

TH 11/18 - Nanci Jenkins, RDN

TH 11/25 - Turkey Trot at **9:00AM** – Bring canned food item for food bank

TH 12/2 - Mary Fiedler, NP

TH 12/9 - Mary Fiedler, NP

TH 12/16 - Mary Fiedler, NP

TH 12/23 - Enjoy a walk with your family

TH 12/30 – Enjoy a walk with your family

TH 1/6 – Nanci Jenkins, RDN

TH 1/13 – Mary Fiedler, NP

TH 1/20 - TBD

TH 1/27 – Mary Fiedler, NP

TH 2/3 – Mary Fiedler, NP

TH 2/10 – Mary Fiedler, NP

TH 2/17 – Nanci Jenkins, RDN

TH 2/24 – Mary Fiedler, NP

*Meet at 1:00PM at Travers Park (2100 Pine St) by the map near the tennis courts. Walk the big loop x2. Unless otherwise noted on schedule. No walks if AQI is ≥ 150 or temperature >90 F or < 20 F.