

walk WITH a
DOC



WALK WITH A DOC

AT LAGUNA ATASCOSA
NATIONAL WILDLIFE REFUGE

Sunday, November 24th, 10am-12pm

Where: Meet at Laguna Atascosa NWR Visitor Center

What: a 1.8 mile doctor-led guided walk! This doctor-led group is a fun and safe place to go for a walk, learn about health, ask questions, and meet new friends.

THE EVENT IS FREE AND ALL ARE WELCOME! (FREE WITH REFUGE ENTRANCE FEE OF \$3 PER VEHICLE)

Guided by: Dr. Nordyke, General Practice
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