

Walk with a Doc Washington, DC will be joining Music at the Monument Summer Concerts, part of the NPS National Mall and Memorial Parks' Arts in the Parks programming, which supports Healthy Parks Healthy People and ParkRx (Park Prescriptions). Live concerts are held from May to September 2018 between the Lincoln Memorial and the Reflecting Pool from 5-8 pm.



Prior to the concerts from 12 – 4 pm health organizations including Walk With a Doc Washington DC will offer free health screenings (i.e. BMI, blood pressure, etc.) as well as free health information (i.e. monthly themed public health information and summer safety information or diet/nutrition/healthy foods, etc.) to visitors that supports the value of national parks and other local parks are human health and the NPS Healthy Parks Healthy People Initiative - https://www.nps.gov/public_health/hp/hphp.htm and ParkRx - www.parkrx.org

For more information about Music at the Monument, go to - <http://musicatthemonument.org/>

Save the dates:

June 22nd

July 20th

August 25th

September 15th

