

Join us for a special

walk[®] with a DOC



Mt. Shasta!

Dr. Russell, General Surgeon, Mercy Mt. Shasta

TOPIC:
Breast
Cancer
Awareness

Saturday October 3rd, 2026

9:00am-10:00am

Lake Siskiyou Trail Parking Lot

W A Barr Rd, Mt. Shasta.

Parking lot across from the Tennis Courts!

This walking program is a fun and safe place to take a walk (at your own pace), learn health tips from local healthcare providers, and meet new friends. The event is **FREE** and all are welcome!

We welcome well behaved four legged friends on leashes.

Future walk schedule to be determined.



Questions?

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We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org

MercyFoundation
NORTH



Dignity Health™
A member of CommonSpirit



Join us for a very special Walk with a Doc in honor of Breast Cancer Awareness Month!

This walk will be especially meaningful as we are joined by Dr. Russell, who will lead the walk and share from a deeply personal perspective as a recent breast cancer survivor. His story is an important reminder that breast cancer can affect anyone, and that awareness, early detection, access to screening, and strong community support truly matter.

We'll also be joined by our wonderful mammography team, who will be available to share information, answer questions, and help connect our community with breast health resources.

Mercy Foundation North will be on hand to share information about two important local funds supporting individuals in Siskiyou County: our Breast Cancer Screening Fund, which helps improve access to potentially lifesaving screenings, and our Breast Cancer Services of Siskiyou County Fund, which provides support to local patients navigating breast cancer.

More than anything, we want this walk to be a gathering of our community — a chance to walk in honor of survivors, those currently facing breast cancer, those we have lost, and the families and friends who walk beside them.

Come wear pink, bring a friend, and walk with us as we raise awareness, celebrate survivorship, share resources, and come together around a cause that touches so many lives.

