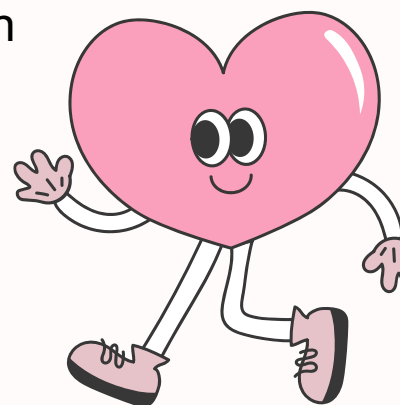
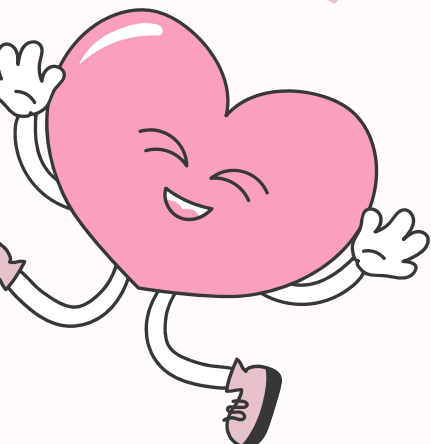


justwalk

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Walking together builds strong hearts
and even stronger connections. Join
us this month as we explore the
healthy power of staying social.



Valentine's Day
Saturday, February 14th
9:30 am - 11:00 am
Trailhead Cafe - Novato

Easy, flat, neighborhood and park walk
Topic: Heart Health and Social Connection.

Scan QR Code to RSVP

