



TAKE A **STEP** TOWARD BETTER HEALTH!

Walking on the 1st and 3rd Saturdays of every month at 8:00 AM beginning April 4, 2026!



Comprehensive
Foot &
Ankle
Specialists

Leader: Dr. Bryan Raymond, DPM | Topic: Podiatric/Foot Health

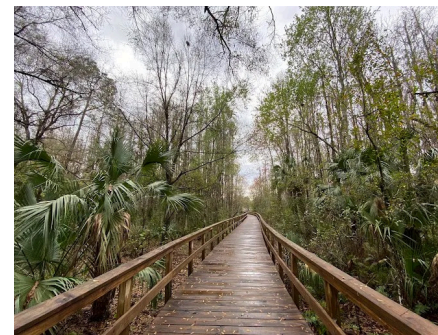
Location: The Seven Oaks Nature Trail, Wesley Chapel, FL 33544



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(Park at the medical offices near the corner of Cashford Cir and Silvermoss Dr. near 27340 Cashford Cir #101, Wesley Chapel, FL 33544. Cross the street at the intersection of Silvermoss Dr and Summergate Blvd. Meet at the White Pergola on the left hand side at the trail entrance on Summergate Blvd.)



This walking program is a fun and safe place to take a walk (at your own pace), learn health tips from local healthcare professionals, and meet new people. The event is **FREE** and all are welcome!

WALK WITH a DOC.org



Register to Walk:



CFAS Wesley Chapel Event Page:



We are part of an international nonprofit – Chapter # 34984