



walk<sup>®</sup> with a  
DOC

2ND SATURDAY OF EVERY MONTH @ 8:30 AM

**JULY 11TH, 2026**

**K.C. GEIGER PARK**

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**299 GREENVILLE ROAD**

**ST. MARYS, OH 45885**

**JOIN US FOR WALK WITH A DOC!**

This month, you'll take a few minutes to learn about ***Alzheimer's Awareness with Dr. Alexander***, then spend the rest of the hour enjoying a healthy walk at your own pace and distance. it's a great way to be active, learn about health, and meet new friends. The events are FREE and open to everyone!



More information:



walkwithadoc.org



nthis@jtdmh.org



419-394-6132

SCAN TO REGISTER

