

Walk both a

2ND SATURDAY OF EVERY MONTH @ 8:30 AM

JUNE 14TH, 2025

<u>K.C GEIGER PARK SHELTER HOUSE</u> 299 GREENVILLE ROAD ST. MARYS, OH 45885

JOIN US FOR WALK WITH A DOC!

This month, you'll take a few minutes to learn about *Hernia Awareness* with Brittany Schlarman & Krista Huber, then spend the rest of the hour enjoying a healthy walk at your own pace and distance. It's a great way to be active, learn about health, and meet new friends. The events are FREE and open to everyone!





More information:



walkwithadoc.org



slowry@jtdmh.org

419-394-6132

SCAN TO REGISTER

