Walk® with a Doc

Sandy Springs

9:00 – 10:00 AM

Walks are held on the 3rd Saturday of every month.

Morgan Falls Overlook Park- Springway Trail

(on the left past GA Power and Dog Park)

This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends. The event is **FREE** and all are welcome!



- **Physical Activity**
- **Health Education**
- **Social Connection**
- **Time in Nature**

We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org