

walk[®]with a DOC



August 22, 2025

3:00 – 4:00 PM

**Midwestern University
Wellness Center Gym**

19555 N. 59th Ave. Glendale, AZ 85308



**Join Tiffany Hughes, Ph.D., M.P.H., M.B.A.
and Public Health Students for
“Don’t be a statistic – falls can be prevented!”**

- The walk is **FREE** and all are welcome
- Walk at your own pace and distance
- No registration required
- Mention “Walk with a Doc”
to gate attendant when you arrive

**Sponsored by the
Arizona Falls
Prevention
Coalition**



More Information: Tiffany F. Hughes, Ph.D., M.P.H., M.B.A.
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