



TAKE A **STEP** TOWARD BETTER HEALTH!

Sun. March 15, 2026 – 5:30 AM to 7:00 AM

Leader: Mae Anne Aum, MD

Topic: COLORECTAL CANCER

Location: Pantawan People's Park

Rizal Boulevard, Dumaguete City 6200
(Meet at the #iloveDUMAGUETE signage)

This walking program is a fun and safe place to take a walk (at your own pace), learn health tips from local healthcare professionals, and meet new people. The event is FREE and all are welcome!

Learn more and register:



WALKwith a DOC.org



We are part of an international nonprofit – Chapter # 37007