

GIVE
THANKS

justwalk

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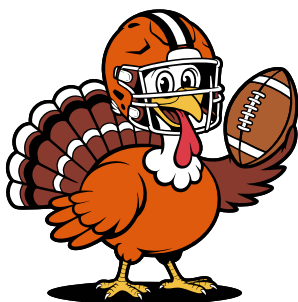
BE THANKFUL.
BE
Grateful
&
BE BLESSED.



Saturday, Nov. 15, 2025
Tennessee Valley
Trailhead
9:30AM - 11:00AM

Topic: Heart Healthy Holidays

- Walk, Talk, Learn, Breathe and Share Gratitude
- Connect with new and old friends
- Walk across the Golden Gate Bridge
- Make new memories to share



CONTACT US



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