



FITNESS & WELLNESS

Walk with a Doc - Cook Park



Join the Atlanta Beltline Partnership and Alliance in Cook Park every Saturday (March–October) for Walk with a Doc in historic Vine City!

The free community walks are for everyone, of all ages and abilities. Each walk starts with a short inspiring health talk from a local healthcare professional, followed by a stretch and a relaxed, feel-good stroll through beautiful Cook Park.

Whether you want to learn more about health, meet new people, or enjoy fresh air, this is your chance to move at your own pace, one step at a time. Come walk, learn, connect, and thrive.

DOCTOR LEADER

Dr. Raymond E. Padilla, PTRP, PT, DPT
Doctor of Physical Therapy

TOPIC

Proper Body Mechanics in Walking and Running

WALK LOCATION

Cook Park in Historic Vine
City – Vine Street, Atlanta,
GA 30314 (Meet at park
pavilion near Ambassador
Andrew Young statue)

DATES & TIME

Saturday, May 31, 2025
9:00 AM – 10:30 AM

EVENT PARTNERS



Register Here!

Learn more about our Free
Fitness events and programs.



Atlanta Beltline Partnership, 970 Jefferson St. NW, Suite 4, Atlanta, GA 30318

Cook Park was developed 19 years after the September 21, 2002, flood in the Historic Vine City neighborhood.

Alliance for the Activation of Cook Park is a non-profit, neighborhood-centric conservancy that acts as a permanent body that works in partnership with the City of Atlanta's corporate, philanthropic, and host neighborhood of Vine City to build a community dedicated to sustaining and conserving Cook Park for the future. The Alliance provides programming, advocacy, education, security, engagement, and improvements to Cook Park to ensure the best Park experiences for the host neighborhood of Vine City and surrounding neighborhoods and communities.

To learn more about Cook Park, and the Alliance for Cook Park
Visit -> <https://www.theallianceatCookPark.org> | info@theallianceatcookpark.org

