

walk[®] with a DOC

Pike County

JOIN US MONTHLY BEGINNING MONDAY, JANUARY 6, 2020

11:30 AM - 12:30 PM and 6:00 - 7:00 PM

Bristol Village Glenn Center | 660 E. 5th Street, Waverly, OH

- This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends.
- The event is **FREE** and all are welcome!
- Future walks will be held on the 1st Monday of every month.
- Questions? Contact **Nichole Smith** at 740-947-7721 or nsmith@pike-health.org

2020 WALKING DATES:

January 6	July 6
February 3	August 3
March 2	September 14*
April 6	October 5
May 4	November 2
June 1	December 7

* = 2nd Monday of month

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