



TAKE A **STEP** TOWARD BETTER HEALTH!

**1st Friday of Every Month @ 2:00 PM, beginning
November 1, 2024**

Madison Trail

660 South Main Street, Madison, WV 25130

This walking program is a fun and safe place to take a walk (at your own pace), learn health tips from local healthcare professionals, and meet new people. The event is **FREE** and all are welcome!

Scan to Learn More:



WALKwitha**DOC.org**



We are part of an international nonprofit – Chapter #4282