



TAKE A **STEP** TOWARD BETTER HEALTH!

Sat. December 7, 2024 – 9:00 AM

Methodist Plaza 1st Floor

4499 Medical Drive, San Antonio, TX 78229

(Meet on the 1st Floor)

This walking program is a fun and safe place to take a walk (at your own pace), learn health tips from local healthcare professionals, and meet new people. The event is FREE and all are welcome!

Scan to Learn More:



WALKwitha**DOC.org**



We are part of an international nonprofit – Chapter #10128